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Tips from the Divorce Support Club

Your finances through
divorce

1 Talk to **different** people

You might feel it makes sense to only discuss your finances with your financial advisor, but that doesn't have to be the case.



If you're in a position where you feel slightly drained by the situation, or you've ended up in a financial position that you didn't think you'd be in, you can talk to different people about this.

Speak not only to your financial advisor but also to your solicitor and your support network, whether that be a friend, your family or a divorce coach.

Doing this will allow you to pull all of those resources together to make the right decisions, and to feel more confidence and clarity in what choices you have.

2 Everyone's situation is different

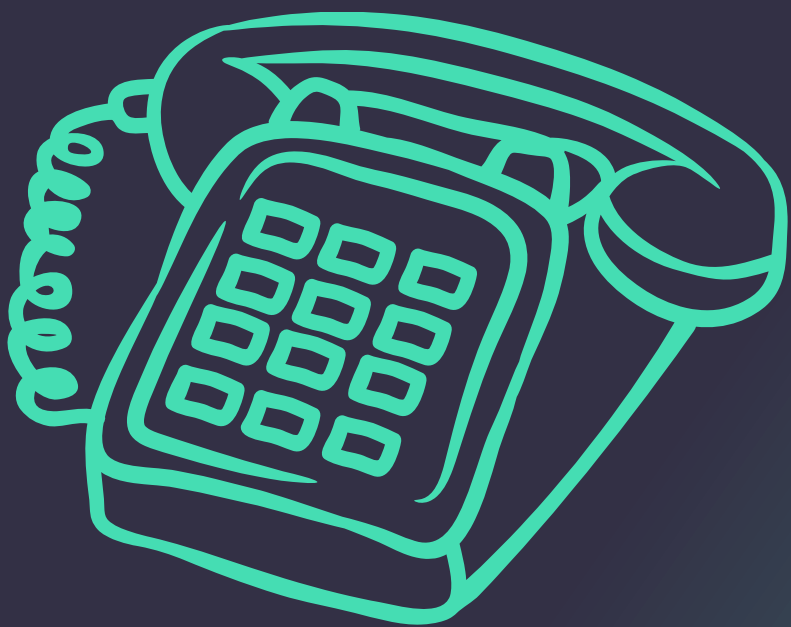
Divorce finances aren't linear. Every single person will have a different experience and it's important that you are supported in the correct way.

- If you find a reputable financial advisor, they won't tell you to sell a property or to take out a mortgage 'just because'. They will tell you what is right for you and your situation.
- Cooper Associates deal with many different situations, from later life lending to general and holistic financial planning.



3 What happens when I pick up the phone?

Picking up the phone is the most challenging part. Starting the process is where most people struggle, once you've done that, you've done the hard bit.





Cooper Associates can base meetings on what suits you as the client. You can go into their office for your initial meeting, they can come to you, or you can have a video or phone call.

The first step can be just an initial chat to see where you're at, or you can go a step further and begin the process. The hope is that these initial conversations will make clients feel more empowered.

There is no cost for an initial conversation with Cooper Associates.

4 Build a relationship of trust

Trust is the most important thing when going through something like divorce or separation.

-  You have to be able to trust your advisors, solicitors and coaches. Expertise is incredibly important, but so is building those impactful relationships.
-  You want to feel like you can say what you need to say, and that those people will get you to where you need to be.



5 Your support network should be **in touch**

Whilst experts in their own area, solicitors don't always know everything about finances, and vice versa.



Putting the professionals that are helping you through this time in the same room can make things much easier.

Between them they can provide a great wealth of experience and professional support from all angles - emotional, financial and legal.

Once clients realise that they are supported from all angles, it gives them confidence to know they're not on their own.

6 Get in touch with Cooper Associates

If you've been in search of a financial advisor, contact Cooper Associates. The first conversation is free, with no obligation or pressure.

Visit the [Cooper Associates](#) website here.

Contact and read about what [Kate Ward](#) does here.

Contact and read about what [John Harris](#) does here.



**We hope this guide has provided you
with valuable insights.**

**If you are looking for further guidance
or feel that more tailored support
could make a difference for you,
please reach out to [Claire Macklin](#), our
experienced divorce coach.**